

Weekly Study Schedule

Instructions:

1. Estimate study hours needed/week for each class in the table below
2. Add up total study hours for all classes in the bottom right cell of the table.
3. On the weekly schedule enter all of your classes, work obligations and other weekly obligations/meetings
4. Enter study times for each class into the weekly schedule
 - Make sure you have the total number needed for each class.
 - Make sure you have the total number of all classes combined on your weekly schedule

List 3 places where you can study really well:

- 1.
- 2.
- 3.



List each of your classes here	Estimate study hours/week for each class
Total study hours/week for all classes:	

Which classes will be your most time consuming?

What types of assignments/studying can you do in one hour or less?

**For more help with time management skills,
call 273-4450**



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:25-8:15 am							
8:30-9:20							
9:35-10:25							
10:40-11:30							
11:45-12:35							
12:50-1:40pm							
1:55-2:45							
3:00-3:50							
4:05-4:55							
5:10-6:00							
6:00-7:00							
7:00-8:00							
8:00-9:00							
9:00-10:00							
10:00-11:00							
11:00-Midnight							
Midnight-1:00							
1:00-2:00 am							